

# Brook House Inn Menu

## Starters

|   |   |       |
|---|---|-------|
|   | <b>Brook House paté</b>   | £6.50 |
|   | our own special blend of chicken livers, pork, herbs and spices, with Cumberland jelly and crostini |       |
| S | <b>Smoked Salmon &amp; Anchovy salad</b>  | £7.50 |
| t | with goats cheese and tomato dressing   |       |
| A | <b>Breaded king prawns <b>df</b></b>  | £7.50 |
| r | with sweet and sour chilli sauce  |       |
| f | <b>Confit chicken croquettes</b>  | £7.50 |
| e | with pickled beets and smoked garlic mayo   |       |
| r | <b>Black pudding tower</b>  | £6.50 |
| s | layers of black pudding and Wensleydale cheese with melted orange and parsley butter                |       |
|   | <b>Poached pear and blue Stilton salad <b>v</b></b>   | £6.50 |
|   | with pecan nuts and croutons  |       |
|   | <b>Beetroot, caramelised onion <b>ve df</b></b>   | £6.50 |
|   | and apple salad with crostini <b>gf on request</b>  |       |
|   | <b>Warm salad of Chorizo</b>  | £7.50 |
|   | and black pudding with soft boiled egg, baby leaves and mustard dressing                            |       |
|   | <b>Home-made soup</b>   | £4.50 |
|   | vegetarian and dairy free and <b>gf</b> option usually available please ask                         |       |
|   | <b>Buffalo wings <b>gf</b></b>  | £7.50 |
|   | with blue cheese dip and salad  |       |

Large size starter as a main?  
Add £6.00, includes one side order

Check the specials board  
For more starters, mains  
And homemade puds

Sandwiches, snacks and cakes served until  
5.30pm please see separate menu

## Mains

|   |   |        |
|---|---|--------|
|   | <b>Beef and beer pie</b>  | £11.50 |
|   | shortcrust pastry pie with succulent beef cooked in loads of beer, served with chips or potatoes and vegetables |        |
|   | <b>Sirloin steak</b>  | £19.00 |
| M | with Caesar salad and chips, add sauce +£2.00   |        |
| a | Garlic, blue cheese, BBQ or peppercorn  |        |
| i | <b>Cumbrian lamb chops <b>gf</b></b>  | £17.50 |
| n | mint sauce, buttery carrot puree, potatoes and greens   |        |
|   | <b>Local Cumberland sausage</b>   | £11.50 |
|   | served with vegetables, mash and gravy  |        |
| C | <b>Pan fried chicken <b>gf</b></b>  | £13.50 |
| D | with tangy blue cheese sauce, greens and potatoes   |        |
| u | <b>Chicken ballantine</b> wrapped in bacon  | £14.00 |
| r | with mushroom stuffing, whisky and mustard sauce, sauté potatoes, carrot purée and greens                       |        |
| s | <b>Grilled Sea Bass <b>gf</b></b>   | £17.50 |
| e | with sweet chilli jam, Greek salad and spiced buttered potatoes   |        |
| S | <b>Smoked Haddock &amp; mashed potato <b>gf</b></b>   | £13.50 |
|   | accompanied by leeks in a prawn and cream cheese sauce  |        |
|   | <b>Feta cheese and spinach pie <b>v</b></b>   | £12.00 |
|   | served with salad, tomato chutney and potatoes  |        |
|   | <b>Vegetable tart <b>ve gf df</b></b>   | £13.50 |
|   | Cajun spiced courgette, peppers and sundried tomato, served with steamed greens and potatoes                    |        |
|   | <b>Five bean chilli with rice <b>ve gf df</b></b>   | £12.50 |
|   | <b>Curry of the day (see specials board)</b>  | £13.00 |

All meals come as listed, but if you fancy more..

## Sides and extras

|  |                        |
|--|------------------------|
| Marinated olives                           | £3.50                  |
| Hummus + tortilla crisps                   | £3.50                  |
| Anchovies                                  | £3.50                  |
| Chorizo potatoes                           | £3.50                  |
| Basket of bread butter or oil and balsamic | £3.50                  |
| Vegetables                                 | £3.00                  |
| Potatoes -plain, mashed, or spiced butter  | £3.00                  |
| Plain salad                                | £3.00                  |
| Garlic bread                               | £3.50 add cheese £4.50 |
| Chips                                      | £3.00 add cheese £4.00 |

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## Desserts

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| <b>Raspberry meringues</b> v gf  | £6.00 |
| home-made meringues with raspberries, ice cream and cream                                  |       |
| <b>Sticky toffee pudding</b> v   | £6.00 |
| with English Lakes T & L ice cream   |       |
| <b>Almond &amp; raspberry crunch</b> gf df ve  | £6.00 |
| crunchy almond biscuit, condensed almond milk, raspberries and strawberry + yuzu ice cream |       |
| <b>Orange gin sundae</b> v   | £6.00 |
| with passionfruit sorbet   |       |
| <b>Blackcurrant pie</b>  | £6.00 |
| served with custard, cream or ice cream  |       |
| <b>Chocolate brownie</b> gf v  | £6.00 |
| served with English Lakes jersey Ice cream   |       |
| <b>English Lakes ice cream</b> v gf  | £5.50 |
| with homemade shortbread   |       |
| <b>Malt whisky chocolate truffle</b> v   | £6.00 |
| with ginger cake and ice cream   |       |
| <b>Cheese and biscuits</b> v   | £8.00 |
| or with a glass of port  | £9.50 |

Please see the Blackboard for further sweets, puddings and coffees.

## Children's Menu served all day

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|   |       |
|---|-------|
| <b>Chicken goujons</b> df   | £6.00 |
| Served with chips and beans, peas or carrots  |       |
| <b>La'al battered cod</b> df  | £6.00 |
| Served with chips and beans, peas or carrots  |       |
| <b>Breaded scampi</b> df  | £6.00 |
| Served with chips and beans, peas or carrots  |       |
| <b>Cumberland sausage</b>   | £6.00 |
| Served with a choice of chips or mash with beans, peas or carrots                     |       |
| <b>Beef and beer Pie</b> df   | £6.00 |
| Served chips and beans, peas or carrots   |       |
| <b>Cheese and apple salad</b> v   | £6.00 |
| Dairylea, or mature Cheddar with, sliced apple, grapes, tomato, cucumber and crackers |       |
| <b>Heinz pasta shapes</b> with garlic bread v   | £4.50 |
| <b>Ice Cream per scoop</b> gf   | £1.80 |
| <b>Raspberry meringues</b> v  | £3.50 |
| <b>Baby brownie</b> with ice cream gf   | £3.50 |

### Special Diets and Allergies

Please discuss your requirements with a member of staff. Meals which have v for vegetarian, ve for vegan, gf for gluten free or df for dairy free will only be prepared in this manner if the kitchen is told of your allergy/preference.

Our homemade bread is usually dairy free (df) and we also have gluten free bread - please ask.

If you or your party has any allergies please let us know.

We have a great range of drinks on our bar, ranging from local real ales to rare whiskies from around the world. Over 25 gins with a variety of tonics, lovely wines, soft drinks, teas, coffees and hot chocolate.

It is always great to know you are coming so please book a table.

Dogs are welcome in the bar area, but seating is limited so booking is advisable.

Brook House Inn  
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