

Brook House Inn

Daytime Menu

We serve this menu along with excellent coffees, homemade cakes and scones until 5.30pm

Special Diets and Allergies

Please feel free to discuss your requirements with a member of staff. Meals which have v for vegetarian, gf for gluten free or df for dairy free will only be prepared in this manner if the kitchen is told of your allergy/preference.

Our home-made bread is usually dairy free (df) and we also have gluten free bread - please ask.

If you or your party has any allergies please let us know.

Sides, snacks and appetizers

A	Basket of bread butter or oil and balsamic	£3.50	
P	Garlic focaccia bread	£3.50 add cheese £4.50	
P	Anchovies	£3.50 Marinated olives	£3.50
e	Portion of Chips	£2.95 Hummus + crostini	£2.95
t	Mezze- assorted little dishes, olives, hummus,	£7.50	
z	blue cheese dip, crostini, tzatziki and spiced potatoes		
e	Meaty Mezze Chorizo potatoes, chicken wings,	£7.50	
r	black pudding bites, tzatziki and crostini		
s			
	Wraps with chips and slaw		
	Cajun chicken, chilli jam, lettuce and mayo	£8.95	
S	Peppers, aubergine, sundried tomato and garlic df v	£8.95	
A	Cod fillet, tatar sauce and crisp lettuce	£8.95	
N			
D	Sandwiches On home-made white or granary bread		
W	with either a salad garnish or for £2 extra, chips and		
I	slaw. Gluten free bread is also available		
C	Appleby Eden sunset cheese and chutney v	£5.95	
H	Roast ham with tomato chutney	£5.95	
E	Cheddar cheese and pickle v	£5.95	
S	Hot Cumberland sausage with onion marmalade	£6.95	
	Cream Cheese and smoked salmon	£6.95	
	Prawns in Marie Rosé sauce	£6.95	
	Home Made Focaccia		
	Grilled goats cheese, tomato and basil v	£7.95	
	Grilled Brie and ham with lettuce and mayo	£7.95	

Cakes, teas and coffees are listed on the bar blackboard

Starters

	Home-made Soup of the Day	£4.50
	served with bread and butter gf v df please ask	
S	Brook House Paté	£6.50
T	with Cumberland jelly and crostini	
A	Poached Pear and Blue Stilton Salad v	£6.50
R	with pecan nuts and croutons	
T	Black Pudding Tower	£6.50
E	with Wensleydale cheese and parsley and orange butter	
R	Smoked Salmon and Anchovy Salad gf	£7.50
S	with goats cheese and tomato dressing	
	Buffalo wings gf	£6.95
	with blue cheese dip	

Mains

	Beef and Beer Pie succulent beef, short crust pastry df	£10.95
	and loads of beer, served with chips or potatoes and vegetables	
M	Cumberland Sausage	£10.95
A	with chips or Mash, Vegetables and Gravy	
I	Grilled Sea Bass gf	£16.95
N	with sweet chilli jam, spiced potatoes and greek salad	
	Feta Cheese and Spinach Pie v	£10.95
	served with salad, tomato chutney and potatoes	
	Cheese Platter gf please ask	£10.95
	with bread, apple, salad, pickles and chutney	
M	Cumbrian Cured Meat Platter	£10.95
E	air dried ham, and assorted salami with pickle, chutney, bread and salad	
A	Mixed Platter to share (or not!)	£16.95
L	Cured meats, cheese, pickles, chutney, salad and bread	
S	Fishy Platter	£16.95
	Scampi, smoked Salmon, anchovies and prawns with marie rose, salad, chips and homemade bread	
	Steaks- see specials board	from £17.95

Sweets and Puddings

	Raspberry Meringues v gf	£5.75
	home-made meringues with raspberries, ice cream and cream	
D	Blackcurrant Pie df	£5.75
E	served with custard, cream or ice cream	
S	Chocolate Brownie	£5.75
S	served with Lakes Ice cream gf v	
E	Cheese and Biscuits	£6.95
R	A fine selection of English cheese v	
T	English Lakes Ice cream per scoop v	£1.75
S		

See the blackboard for more puddings